# Darllen gyda'ch plentyn - canllaw

Gorau dysg, cyd-ddysgu

# Reading with your child – a guide

**The benefits of reading to and with your child:**

- Supports brain development
- Improves language skills
- Prepares for academic success
- Develops a special bond with your child
- Increased concentration and discipline
- Improved imagination and creativity
- Fostering a lifelong love of reading

It has been shown that reading to children boosts brain function and advances intellectual development. The emergence of thinking, understanding, remembering, problem solving, and making decisions is known as cognitive development. It deals with a person's ability to process information, think critically, reason, acquire language skills, focus for extended periods of time, and retain information.

Reading aloud to your child helps them make sense of what they see, hear, and read by giving them background information on their developing environment. The dialogues that reading will generate help them make sense of their own lives. Therefore, when parents read aloud to their children, their vocabulary will expand and they will learn more about the world and themselves, which will help with their cognitive and perceptual development. Reading aloud to young children regularly can help them develop their literacy, communication, and social abilities and their language skills. It also introduces literary language which differs from the language of daily life because it is more descriptive.

It also provides a one-on-one opportunity for both parents and children to communicate with one another and helps children develop their listening skills and vocabulary by exhibiting unfamiliar words. In addition, reading together can help form stronger relationships with your children and gives them a sense of closeness

and well-being. A child's critical thinking skills can be further developed by engaging in meaningful discussions about a wide range of topics that can be facilitated by reading a variety of books.

## Manteision o ddarllen i a gyda'ch plentyn:

- Cefnogi datblygiad yr ymennydd
- Gwella sgiliau iaith
- Paratoi ar gyfer llwyddiant academaidd
- Datblygu cwlwm arbennig gyda'ch plentyn
- Mwy o ganolbwyntio a disgyblaeth
- Gwell dychymyg a chreadigedd
- Meithrin cariad gydol oes at ddarllen

Dangoswyd bod darllen i blant yn hybu gweithrediad yr ymennydd ac yn gwella datblygiad deallusol. Gelwir ymddangosiad meddwl, deall, cofio, datrys problemau a gwneud penderfyniadau yn ddatblygiad gwybyddol. Mae'n ymdrin â gallu person i brosesu gwybodaeth, meddwl yn feirniadol, rhesymu, caffael sgiliau iaith, canolbwyntio am gyfnodau hir o amser, a chadw gwybodaeth.

Mae darllen yn uchel i'ch plentyn yn ei helpu i wneud synnwyr o'r hyn y mae'n ei weld, ei glywed a'i ddarllen trwy roi gwybodaeth gefndir iddynt am eu hamgylchedd datblygol. Mae'r deialogau y bydd darllen yn eu cynhyrchu yn eu helpu i wneud synnwyr o'u bywydau eu hunain. Felly, pan fydd rhieni'n darllen yn uchel i'w plant, bydd eu geirfa yn ehangu a byddant yn dysgu mwy am y byd a nhw eu hunain. Gall darllen ar goedd i blant ifanc yn rheolaidd eu helpu i ddatblygu eu medrau llythrennedd, cyfathrebu a chymdeithasol yn ogystal â'u sgiliau iaith. Mae hefyd yn cyflwyno iaith lenyddol sy'n wahanol i iaith bywyd bob dydd oherwydd ei bod yn fwy disgrifiadol.

Yn ogystal rhoddir cyfle un-i-un i rieni a phlant gyfathrebu â'i gilydd ac yn helpu plant i ddatblygu eu sgiliau gwrando a geirfa trwy arddangos geiriau newydd. Gall darllen gyda'ch gilydd helpu i ffurfio perthnasoedd cryfach gyda'ch plant a

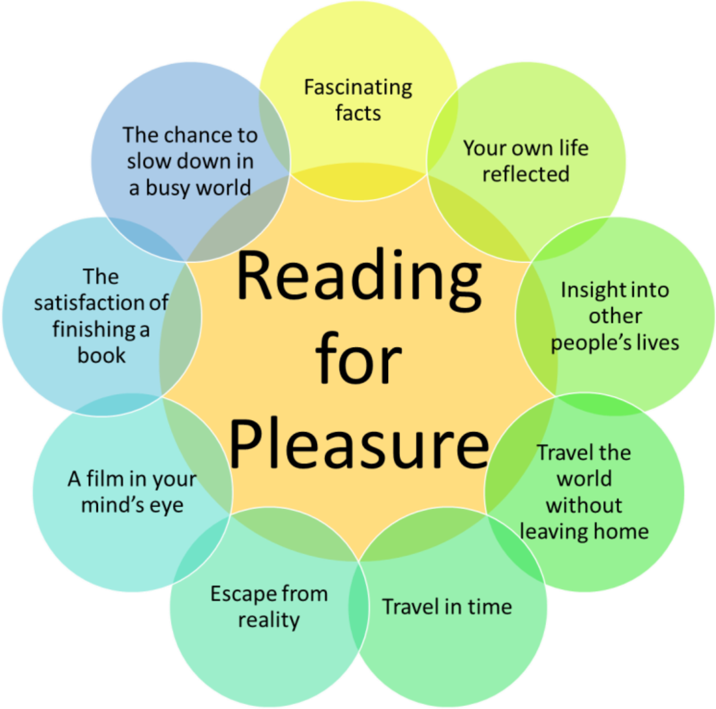
rhoi ymdeimlad o agosrwydd a lles iddynt. Gellir datblygu sgiliau meddwl beirniadol plentyn ymhellach trwy gymryd rhan mewn trafodaethau ystyrlon am ystod eang o bynciau y gellir eu hwyluso trwy ddarllen amrywiaeth o lyfrau.

## How to promote an enjoyment of reading at home:

- Have a designated reading / story time with your child.
- Get different members of the family involved in reading stories.
- Ask your child questions about the story and characters.
- Take time to talk about the pictures.
- Take your child to visit the library.
- Encourage your child to choose books that are of interest to them.
- Model enjoyable reading habits – show your child that you also read for enjoyment and discuss what you have read with them. Remember it can be any sort of literature, from magazines and newspapers to cookery books.
- Give your child books as presents and encourage them to swap books with their friends – this can encourage them to discuss what they are reading.
- Encourage children to take a book with them everywhere.

## Sut i hybu mwynhad o ddarllen adref:

- Trefnwch amser darllen / stori dynodedig gyda'ch plentyn.
- Gofynnwch aelodau eraill o'r teulu i gymryd rhan mewn darllen straeon.
- Gofynnwch gwestiynau i'ch plentyn am y stori a'r cymeriadau.
- Cymerwch amser i siarad am y lluniau.
- Ewch â'ch plentyn i ymweld â'r llyfrgell.
- Anogwch eich plentyn i ddewis llyfrau sydd o ddiddordeb iddynt.
- Modelwch arferion darllen da – dangoswch i'ch plentyn eich bod chi hefyd yn darllen er mwynhad a thrafodwch yr hyn rydych chi wedi'i ddarllen gyda nhw. Cofiwch y gall fod yn unrhyw fath o lenyddiaeth, o gylchgronau a phapurau newydd i lyfrau coginio.
- Rhowch lyfrau i'ch plentyn fel anrhegion a'u hannog i gyfnewid llyfrau gyda'u ffrindiau - gall hyn eu hannog i drafod yr hyn y maen nhw'n darllen.
- Anogwch y plant i fynd â llyfr gyda nhw i bobman.




## Reading strategies:

- In the foundation phase pupils are introduced to the Read Write Inc phonics program in English and the Tric a Chlic phonics program in Welsh. These are based on knowledge of individual phonics, building the phonics to sound out a word and blending them to read the word.
- When your child is unsure of a word encourage them to "spot the special friends" (identify multiple letters that make one sound), "Fred talk" (sound out the word) and then read the word as a unit.
- Pupils also use a similar strategy with the Tric a Chlic phonics program. Teaching staff ask them to "syllu ar y sêr" (identify the individual sounds), blend the sounds and read the word as a unit.
- We also encourage pupils to break down any longer unfamiliar words into chunks and use the sounding out and blending strategy to support themselves.
- Encourage your child to hold the book correctly and to use a finger to point at the words as they read to help them keep their place.

- For older readers, we encourage that they read on to the end of a sentence when they come across a word that is unfamiliar to support them to decode its meaning.

## Strategaethau darllen:

- Yn y cyfnod sylfaen cyflwynir disgyblion i raglen ffoneg Read Write Inc yn Saesneg a rhaglen ffoneg Tric a Chlic yn Gymraeg. Mae'r rhain yn seiliedig ar wybodaeth o ffoneg unigol, adeiladu'r ffoneg i seinio gair a'u cyfuno i ddarllen y gair.
- Pan fydd eich plentyn yn ansicr o air Saesneg anogwch nhw i "spot the special friends" (nodwch lythrennau lluosog sy'n gwneud un sain), "Fred talk" (seinio allan y gair) ac yna darllen y gair fel uned.
- Mae disgyblion hefyd yn defnyddio strategaeth debyg gyda rhaglen ffoneg Tric a Chlic. Mae'r staff addysgu yn gofyn iddynt "syllu ar y sêr" (adnabod y synau unigol), blendio'r synau a darllen y gair fel uned.
- Rydym hefyd yn annog disgyblion i dorri i lawr unrhyw eiriau anghyfarwydd hirach i rannau ac i ddefnyddio'r strategaeth swnio allan a blendio i gefnogi eu hunain.
- Anogwch eich plentyn i ddal y llyfr yn gywir ac i ddefnyddio bys i bwyntio at y geiriau wrth iddynt ddarllen i'w helpu i gadw eu lle.
- Ar gyfer darllenwyr hŷn, rydym yn annog eu bod yn darllen ymlaen i ddiwedd brawddeg pan ddôwn ar draws gair anghyfarwydd i'w cefnogi i ddadgodio ei ystyr.

## Digital resources provided by school:

**Oxford Owl:**

https://www.oxfordowl.co.uk/login?active-tab=students

# OXFORD OWL

**Contact your class teacher for your child's login details.**

Oxford Owl offers a range of support so that children can continue their **reading** journey at home. This will include a 'phonics spine' of 72 e-books matched to Read Write Inc. levels.

www.oxfordowl.co.uk/read-write-inc-home

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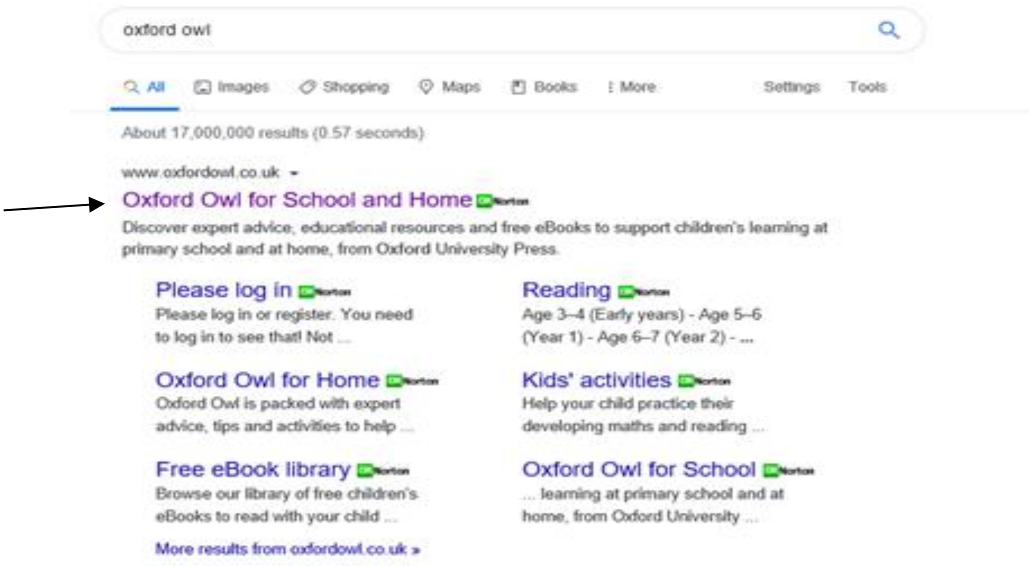
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Oxford Owl for School and Home
Discover expert advice, educational resources and free eBooks to support children's learning at primary school and at home, from Oxford University Press.
Please log in
Please log in or register. You need to log in to see that! Not ...
Reading
Age 3–4 (Early years) - Age 5–6 (Year 1) - Age 6–7 (Year 2) - ...
Oxford Owl for Home
Oxford Owl is packed with expert advice, tips and activities to help ...
Kids' activities
Help your child practice their developing maths and reading ...
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More results from oxfordowl.co.uk »

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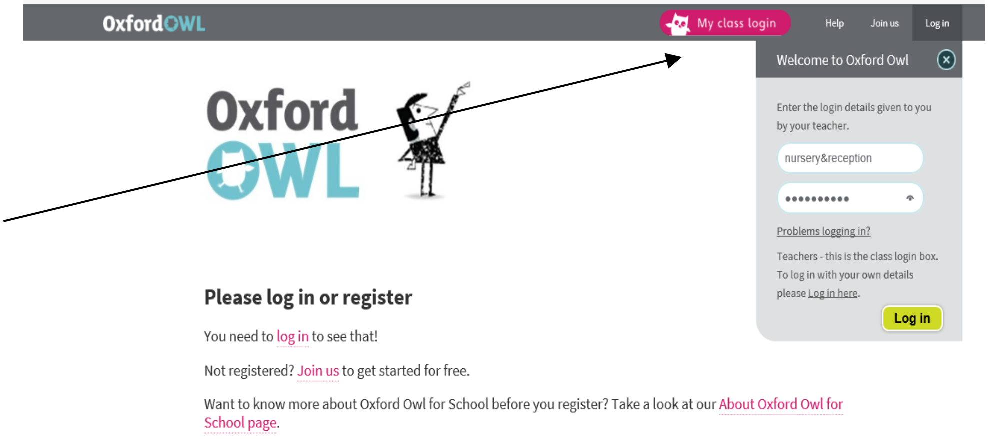
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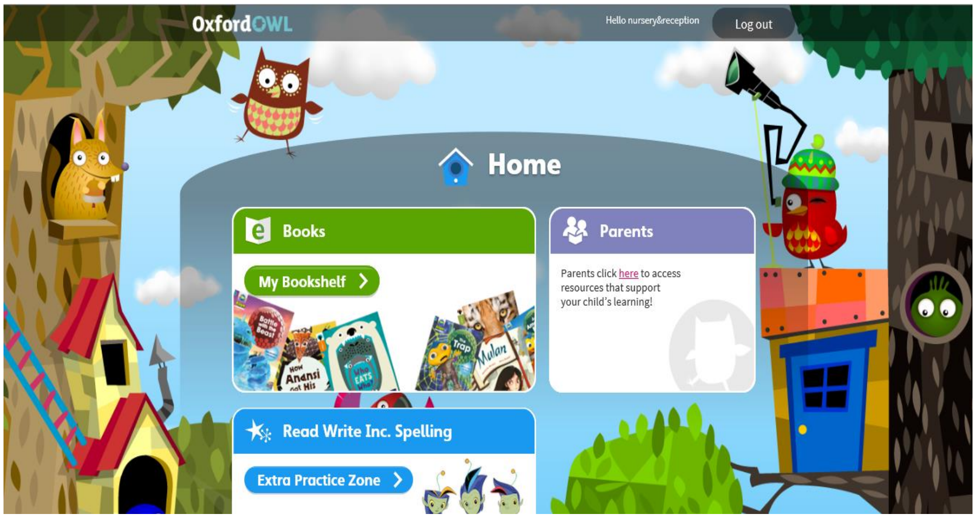
OxfordOWL
Hello nursery&reception
Log out
Home
Books
My Bookshelf
Parents
Parents click here to access resources that support your child's learning!
Read Write Inc. Spelling
Extra Practice Zone

## Darllenco

We are thrilled to announce an exciting addition to our school's resources that will undoubtedly enhance the reading experience of pupils. We have recently subscribed to a fantastic Welsh language online reading platform called Darllen Co, which is now available for our pupils to access at home. This tool provides a growing range of digital Welsh language books suitable for all reading levels.

### How can pupils access Darllen Co?

**Go to: www.darllenco.wales/login**

**USERNAME : Your child's HWB email address**

**PASSWORD : Darllen123**

Rydym yn falch iawn o gyhoeddi ychwanegiad cyffrous i'n adnoddau ysgol a fydd yn sicr o gwella profiad darllen ein disgyblion. Yn ddiweddar rydym wedi tanysgrifio i wefan darllen ar-lein gwych o'r enw Darllen Co, sydd ar gael i ddefnyddio adref. Mae'r wefan hwn yn darparu ystod gynyddol o lyfrau Cymraeg digidol sy'n addas ar gyfer pob lefel ddarllen.

**Sut all ddisgyblion gael mynediad at Darllen Co?**

**Ewch i: www.darllenco.wales/login**

**ENW DEFNYDDIWR : Cyfeiriad e-bost HWB eich plentyn**

**CYFRINAIR : Darllen123**

**Making the most of your local library:**

# Ammanford library

**3 Wind Street, Ammanford, SA18 3DN**

Link to register for the library:

https://wales.ent.sirsidynix.net.uk/client/en_GB/carm_en/?rm=CARMARTHENSHIR0%7C%7C%7C1%7C%7C%7C0%7C%7C%7Ctrue

With a library membership you can access e books and audio books on the Borrow Box app that can be downloaded from Google Store or App Store for free.

Once downloaded you can enter your library membership into the App and can borrow up to 10 audio books / e-books at a time.

**Gwneud y fwyaf o'ch llyfrgell leol:**

## Llyfrgell Rhydaman

**3 Stryd y Gwynt, Rhydaman SA18 3DN**

Linc i ymuno gyda'r llyfrgell:

https://wales.ent.sirsidynix.net.uk/client/en_GB/carm_en/?rm=CARMARTHENSHIR0%7C%7C%7C1%7C%7C%7C0%7C%7C%7Ctrue

Gyda aelodaeth llyfrgell gallwch gael mynediad i e-lyfrau a llyfrau sain trwy'r ap Borrow Box. Gallwch ei lawrlwytho o'r Google Store neu App Store am ddim.

Ar ôl lawrlwytho 'r ap gallwch mewnbynnu eich rhif aelodaeth llyfrgell i mewn i'r ap i fenthyg hyd at 10 llyfr sain/ e lyfr ar y tro.

Book recommendations:

Cymraeg / Welsh

https://www.ylolfa.com/llyfrau/adrannau/2/Plant

https://drefwen.com/pages/free-welsh-audio-books

https://drefwen.com

https://www.gwales.com/home/?lang=CY&tsid=1

https://llyfrau.cymru/carudarllen/gwerthwyr-gorau/

https://llyfrau.cymru/wp-

https://llyfrau.cymru/wp-content/uploads/2022/04/Blwyddlyfr-2022.pdf

https://llyfrau.cymru/wp-content/uploads/2019/11/Catalog_Chwedlau_2017.pdf (Scroll down to reach the children's books).

https://llyfrau.cymru/wp-content/uploads/2022/06/HafoDdarllen_2022.pdf (Scroll down to reach the children's books).

https://llyfrau.cymru/wp-content/uploads/2021/01/Taflen-Iechyd-Da-Flyer.pdf

**Saesneg / English**

https://www.booktrust.org.uk/booklists/1/100-best-0-5/

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https://www.booktrust.org.uk/booklists/1/100-best-books-9-11/

https://www.booktrust.org.uk/books-and-reading/bookfinder/bookfinder-results/#!?cat=2584,71862&sortOption=Relevance&pageNo=1&pageSize=8

https://llyfrau.cymru/en/lovereading/bestsellers/

https://www.penguin.co.uk/articles/childrens-article/must-read-books-for-6-9-year-old

https://www.penguin.co.uk/articles/childrens-article/must-read-books-for-under-5s

https://www.penguin.co.uk/articles/childrens-article/must-read-books-for-9-12-year-olds

https://www.oxfordowl.co.uk/for-home/find-a-book/brilliant-books/

https://www.scholastic.com/parents/books-and-reading/books-and-reading-guides/recommended-childrens-books-by-age.html

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**Sources:**

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https://www.booktrust.org.uk/books-and-reading/tips-and-advice/reading-tips/

https://www.all4kids.org/news/blog/the-importance-of-reading-to-your-children/

https://www.highspeedtraining.co.uk/hub/why-is-reading-important-for-children/